



BHARAT DYNAMICS LIMITED
(A Govt. of India Enterprise under Ministry of Defence)
Corporate Office, Gachibowli - Hyderabad

BDL/104/Corp. HR-CC/06

Dt. 21 June, 2019

MEDIA RELEASE

International Yoga Day observed at BDL



The International Yoga Day was observed at all the units of Bharat Dynamics Limited (BDL) with lot of enthusiasm and fervor. A lecture followed by demonstration of *asanas* were presented by yoga experts.

Commodore Siddharth Mishra (Retd), CMD, BDL urged employees of the Company to include the practice of yoga in their daily schedule. Shri S. Piramanayagam, Director (Finance) explained the role of yoga in maintaining a better health on the occasion.

Shri NP Diwakar, Director (Technical) along with senior officials and employees of the Company participated.

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